



THE PHASES OF PARENTING: GRADES 9 – 12

Reflection/discussion guide

- In the high school years, the goal for parents is to move from a primary role of being a cheerleader, to being a coach. In what ways do you see these roles as being similar? In what ways are they different?
- Think back to your favorite coach... an academic coach, an athletic coach, or maybe even a life coach. What traits did he/she possess that you admired and want to implement as you parent (or coach) your high schooler?
- As mentioned in the video, one of the goals in this phase is to help our teenagers discover their unique S.H.A.P.E. (*Spiritual Gifts, Heart, Abilities, Personality, Experiences*) Take some time this week to encourage your high schooler by sharing with them a few things you see in them that they may not see in themselves.
- How can you help your high school student “activate their faith” (in other words, put their faith into action)? Make a list of 3-4 ways you can encourage your student to get involved in what God is doing within the next 30 days.
- *My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry. –James 1:9*
Which part of this verse do you struggle with the most—listening, speaking, or anger? Take a moment right now to ask God to help you be a better listener, a more calm speaker, and/or someone who resists anger.